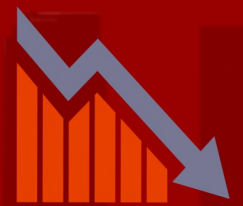




LOS ANGELES FIRE DEPARTMENT

COMMUNITY RISK REDUCTION

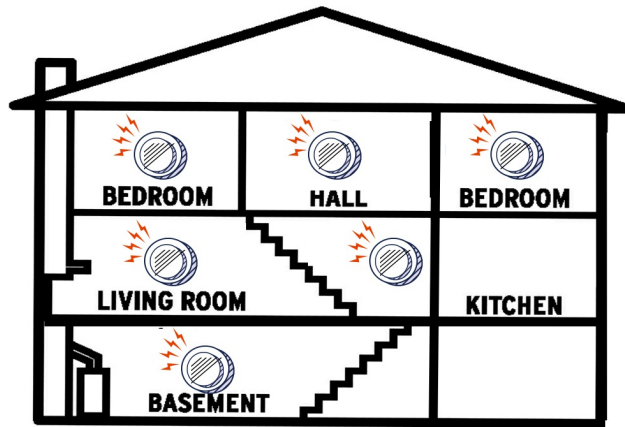


Home Fire Safety

Locations

- Every floor
- Every bedroom
- Outside all sleeping areas
- At least 10 feet from stoves

Smoke Alarms



DID YOU KNOW?

The risk of dying in a home fire is reduced by



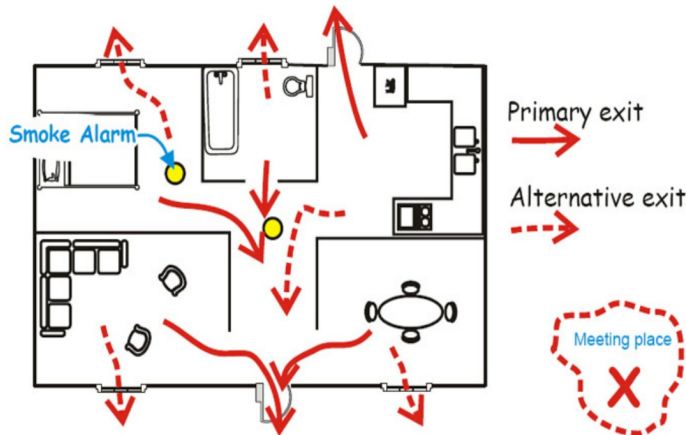
in homes with working smoke alarms

Test your smoke alarms monthly and replace them if older than 10 years

Have an Escape Plan

Draw a map of your home

Mark two ways out of each room



Pick a meeting place outside

Practice your plan at least twice a year

When a fire starts, you may only have a few minutes to get out safely!



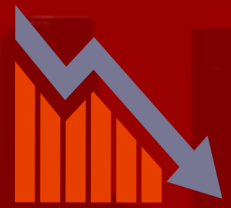
#BeLAFDsafe

lafd.org/community-risk-reduction





LOS ANGELES FIRE DEPARTMENT COMMUNITY RISK REDUCTION



Health and Wellness



If a teen/adult is unconscious & not breathing normally

Hands-Only CPR



CALL 9-1-1

STEP 1



PUSH HARD AND FAST

STEP 2



...until help arrives

Hands-Only CPR has been shown to be effective for cardiac arrest. It can double or even triple a victim's chance of survival.

Older Adult Fall Prevention

DID YOU KNOW?



1 in 5 falls causes serious injury

Falls account for 25% of all hospital admissions



Medical costs for falls are \$31 billion annually

Source: CDC.GOV



Talk to your doctor



Check eyes at least yearly



Check medications



Exercise strength & balance



Reduce clutter & tripping hazards



#BeLAFDsafe

lafd.org/community-risk-reduction

